



Meet The New Interns

Vanessa Alvarez: Vanessa is a native New Yorker who skipped town for a few years to attend Williams College, but then returned to study at the Mt. Sinai School of Medicine. Vanessa's parents work for the United Nations, and she has lived in far-flung locales including Ethiopia, France, Morris Park and Guangzhou, where she spent one year at Sun Yat-Sen University of Medical Science teaching English and melamine-free baby formula preparation. Vanessa has worked at Score! Educational Center, which she assures us is a tutoring service and not a men's club, and has participated in research projects involving the effect of the home environment on cognitive development.

Rachel Aronow: Rachel was also born in the Big Apple, straying to Brown for her undergraduate work (she served as executive VP of Hillel), then came back to New York for medical school at NYU. Along the way she spent a year at the Jewish Theological Seminary of America (also located in NYC) and a summer in Jerusalem studying medical ethics. While at NYU she served on the Task Force on Academic Integrity and Professionalism, so please do not offer her any free pens and pads. Rachel is yet another in the long line of Scarsdale High School grads who have trained here . . . some people suspect that our program director hangs out there, recruiting future house officers.

Hanna Beruke: Hanna was also born in New York and grew up in Far Rockaway (where is Near Rockaway?). She then continued eastward, first to Adelphi for her undergraduate studies followed by Stony Brook School of Medicine (a class of 2012 theme). During medical school Hanna spent an additional year working for the World Wide Orphans Foundation in a Pediatric HIV clinic in Ethiopia. She also spent one summer as a counselor at Camp AmeriKids for children whose lives have been affected by HIV (is Wiznia reading this?). As an undergraduate student, she served as treasurer of Amnesty International, an experience that could be very helpful if she ever shows up late for an ED shift.

Neha Bhatia: Yet another New Yorker . . . Neha was born in Queens and grew up in Bay-side, but then snuck out to Johns Hopkins for her undergrad work and crabs, before moving on to Boston University for her Masters degree; however, Neha saw the light and returned to medical school at Stony Brook. Neha has been involved in a number of research projects, including math skills development of children with genetic disorders, number sense automaticity (huh?), and cognitive defects in adults. She has published on math performance in Fragile X and Turner syndromes, and authored a monograph on cortical reorganization, which implies you were once organized.

Suzette Briones: Interestingly, Suzette was not born in New York. She was born in Ashtabula, Ohio, which the FIB has learned was a stop on the Underground Railroad, the home of Father Guido Sarducci of SNL fame, as well as the site of the Ashtabula River Railroad bridge disaster in 1876. However, her family moved to Ozone Park (no relation to the famed prozone), and she attended Stony Brook (another one!) for both undergrad and medical school. Suzette has conducted research on the myoprotective effects of hypothermia and various drugs. In addition, she has worked as an Adaptive Aquatics volunteer; this training may prove to be very useful during novel flu epidemics.

Celecia Byfield: Celecia was born in Kingston . . . Jamaica, but grew up in da Bronx, not too far from JMC. She earned her undergraduate degree from City College, completed a post-bac at SUNY Buffalo, and then moved on to SUNY Downstate. Celecia served as music coordinator for the Downstate Gospel Choir (we are predicting a musical interns' skit at the holiday party) and volunteered at Arthur Ashe Academics Institute, tutoring high school students who are interested in medicine. Celecia has studied the nitrogen requirements of upside down jellyfish, discovering, as we all know, that they just need pepperoni pizza.

Edward (Ted) Ferenczy: Ted was born in Staten Island . . . which has not yet seceded from New York. He then grew up on a farm in the often-misspelled Coxsackie, NY, which since 1948 has been famous for enteroviruses. He stayed close to home for a while and attended SUNY Albany, then moved south to attend SUNY Downstate. While there, he studied the biomechanical strength of an articulating antibiotic-cement spacer-metallic plate hybrid (good gas mileage?) for infected hip arthroplasties. Edward likes reading both Shakespeare and Tolkien (“the Orc doth protest too much . . .” and “Gandalf, Gandalf, wherefore art thou Gandalf?”).

Judith Horwitz: Judith hails from Southfield, Michigan but, not to be left out, she came to New York to study at Barnard and the Jewish Theological Seminary. After graduating from Mt. Sinai in 2008, she spent a year in Israel conducting public health research addressing the growth of exclusively breast-fed Palestinian children. This year’s Renaissance Woman has taught English to Ethiopian refugees, worked in the infirmary at the Hole in the Wall Camp, served as a counselor at Camp Hope (for children with hemophilia), taught swimming and horseback riding, danced in the Sinai Arts Dance show, and centered the third line for the New York Rangers.

Maria Lame: Maria is another New Yorker (*quel surprise!*). She was born in Colombia (not at Columbia) and grew up in Woodside (Queens, not London). She then attended Queens College and SUNY Downstate, and researched the development of gonopodium of guppies (will this get past our censor?) In medical school she studied the effects of sphorolipids on nitric oxide production (or was it nitrous oxide?), and as an MS III had the opportunity to return to Colombia and help vaccinate underprivileged children. Her hobbies include fishing and animal rescue . . . but not at the same time.

Megan Maraynes: Megan was born in NYC and grew up in Chappaqua (Westchester) where she became interested in Pediatrics, although her Pediatrician (readers are invited to guess who) was not the best role model. Megan went to Cornell undergrad and then migrated to sunnier climes at St. George’s. Along the way she studied the effects of riboflavin on essential tremor (the results were shaky), observed the Czech health system in Prague, served as a teaching assistant at a charter school in Brooklyn, and worked as a waitress at Friendly’s restaurant. Megan is a film buff and a big Bob Dylan fan (we wonder if she enjoyed watching Cate Blanchett play Mr. Zimmerman).

Randi Nelson: Randi was born in Brooklyn and studied business administration at SUNY Buffalo before earning an MBA in Taxation (is she for it or against it?) at Hofstra. After completing her studies, she worked as an accountant for both Morgan Stanley and Citigroup, but thankfully not Lehman Brothers, AIG, or General Motors. Ultimately, she found her way to Stony Brook for medical school, where she was inducted into the Gold Humanism Honor Society and participated in a number of service activities in Amityville, which is also where she grew up.

Leonidas (Leo) Panagiotakopoulos: As you may have guessed, Leo was born in Athens (not Sparta). In 2008 he graduated from the UCL Medical School in London and for the past year has been researching septo-optic dysplasia at the Great Ormond Street Hospital. In 2001 he volunteered in a Kurdish refugee camp and in 2004 he worked in spectator services at the aquatic venue for the Athens Olympics (“beer here, ice cold beer here”). Among his interests are rock climbing (no need to wait for the Old Jacobi elevators) and water polo (these skills will serve him well when navigating parking lot #1 in the rain).

Alexis Rodriguez: Alexis is another Brooklynite; she grew up in Coram (Suffolk County) and attended NYU for both undergrad and medical school. Alexis has worked as a research fellow in the NYU Pediatric ED, has been involved in a project investigating claudication, and is currently participating in a study of *H. pylori* and dyspepsia (is dyspepsia better than no pepsia?). Also at NYU, she was president of the AMWA chapter and vice-president of the Black and Latino Student Association. Most importantly, she is a baseball fan (we hope the Yanks) . . . is our A-Rod worried about her juiceless namesake?

Marina Rubin: By now we are sure that you guessed that Marina was born in the Big Apple. She went to Harvard undergrad, but fortunately returned to New York for medical school (NYU). In between she was a research assistant investigating the Nodes of Ranvier (not the Christian metal rock band, but rather the gaps in myelin). In medical school she served as treasurer of the anesthesia club, a very mellow bunch, and played violin in the Greenwich Village Orchestra. In her spare time, she completed three peer-reviewed publications (J Clin Neuroanat 1999;16:77-116; J Neurosci 2003;23:70001-11; J Cell Biol 2007;178:861-74).

Lakshmi Sukumaran: Yes, she was born in New York, and grew up in Jamaica (Queens). Lakshmi attended SUNY Binghamton where she was the coxswain of the crew club and performed research on chiral polymers (which are much less dangerous than feral polymers) for optical applications. She then enrolled in the MD/MPH program at SUNY Stony Brook (beaucoup de Stony Brook grads this year). For a number of years she served as a volunteer in the pediatrics department at the New York Downtown Hospital. On Long Island, Lakshmi had extensive experience managing a little-known disease that is rarely seen here in the Bronx . . . asthma.

Awards, Honors and Accomplishments

On October 22, 2008, our own Teresa McCann (née Copioli) was honored as an Italian American Role Model at the 9th annual Silvio Savatteri Role Models Night. The event was sponsored by the Columbus Alliance, which is the oldest Italian American fraternal organization in New York.

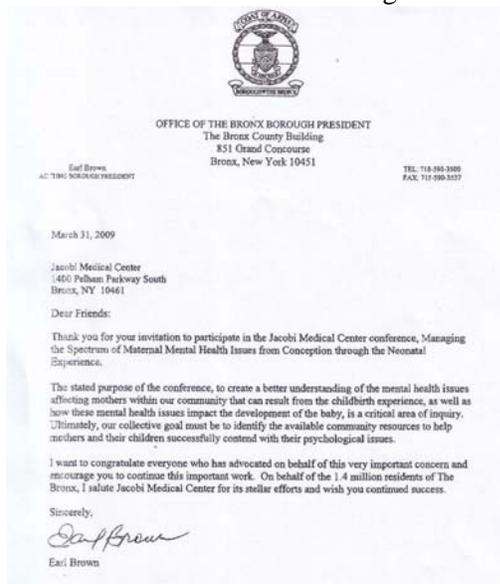


Residency Program Director Auxford Burks was one of 12 new inductees into the Albert Einstein Leo M. Davidoff Society. The Davidoff Society recognizes faculty members who have made significant contributions to the education of students at the Albert Einstein College of Medicine.

Two members of the department were honored at the 2nd Annual AECOM Diversity Gala. Ambulatory attending Chris Phang and ex-third-year student, ex-subintern, and current house officer Noé Romo were cited for their activist role in organizing coalition-building activities for the minority community at Einstein.



On March 31, 2009, JMC hosted HHC's annual Perinatal Centers Conference: "Managing the Spectrum of Maternal Mental Health Issues from Conception through the Neonatal Experience." Regional Perinatal Center Co-director Jaime Fernandez hosted, and he was ably assisted by Beth Nagourney and Paula Marcellus. Over 300 people attended, and both Governor Paterson and Bronx Borough President Brown noted the event:



More Fernandez News

On, May 17, 2009, Jaime Fernandez joined with Twisted Sister rock legend, Dee Snider, in the 7th Annual Bikers for Babies Ride to benefit the March of Dimes. Dee is the national spokesman of March of Dimes Bikers for Babies. For him, the cause is personal, as two of his four children were born prematurely. Rock historians among The FIB readers will recall that Twisted Sister's biggest hit was the rock anthem, "We're Not Gonna Take It," which is the way we feel about the NCB shuttle.



Recent Departmental Publications

Blumberg SM, Gorn M, Crain EF: Intraosseous infusion: A review of methods and novel devices. *Pediatr Emerg Care* 2008;24:50-6.

Chao JH, Kunkov S, Reyes LB, Lichten S, Crain EF: Comparison of two approaches to observation therapy for acute otitis media in the emergency department. *Pediatrics*. 2008;121:e1352-6.

Ginsberg ML: Attention-deficit/hyperactivity disorder: a personal perspective. *Adolesc Med State Art Rev* 2008;19:339-51.

Katz-Sidlow RJ, Rowberry JP, Ho M: Fever determination in young infants: prevalence and accuracy of parental palpation. *Pediatr Emerg Care* 2009;25:12-4.

King JR, Acosta EP, Yogev R, Wiznia A, et al: Steady-state pharmacokinetics of lopinavir/ritonavir in combination with efavirenz in human immunodeficiency virus-infected pediatric patients. *Pediatr Infect Dis J* 2009;28:159-61.

Kotzampaltiris PV, Chou KJ, Wall SP, Crain EF: The cranial rhythmic impulse and excessive crying of infancy. *J Altern and Complement Med* 2009;15:341-345.

Mellins CA, Brackis-Cott E, Leu CS, Elkington KS, Wiznia A, et al: Rates and types of psychiatric disorders in perinatally human immunodeficiency virus-infected youth and seroreverters. *J Child Psychol Psychiatry* 2009 Epub Feb 27.

Patel DD, Blumberg SM, Crain EF: The utility of bedside ultrasonography in identifying fractures and guiding fracture reduction in children. *Pediatr Emerg Care* 2009;25:221-5.

Saez-Llorens X, Violari A, Ndiweni D, Yogev R, Cashat M, Wiznia A, et al: Long-term safety and efficacy results of once-daily emtricitabine-based highly active antiretroviral therapy regimens in human immunodeficiency virus-infected pediatric subjects. *Pediatrics* 2008;121:e827-35.

Scarfi CA, Cunningham SJ, Wiznia A, Serebrisky D, Crain EF: Association between skin testing in the pediatric emergency department and adherence to follow-up in children with asthma. *Ann Allergy Asthma Immunol* 2009;102:35-40.

Zandieh SO, Gershel JC, Briggs WM, Mancuso CA, Kuder JM: Revisiting predictors of parental health care-seeking behaviors for nonurgent conditions at one inner-city hospital. *Pediatr Emerg Care* 2009;25:238-243.

And, not to be out-done, ex-resident Beatrice Goilav has recently published three articles, with a fourth article and book chapter in press:

Goilav B, Satlin LM, Wilson PD: Intracellular pathways of apoptosis in autosomal recessive and autosomal dominant polycystic kidney disease. *Pediatric Nephrology* 2008;9:1473-82.

Wiesen J, Adkins M, Fortune S, Horowitz J, Pincus N, Frank R, Vento S, Hoffman C, Goilav B, Trachtman H: Evaluation of pediatric patients with mild-to-moderate hypertension: yield of diagnostic testing. *Pediatrics* 2008;122:e988-93.

Scheckner B, Peyser A, Rube J, Tarapore F, Frank R, Vento S, Hoffman C, Valderrama E, Charney D, Goilav B, Trachtman H: Diagnostic yield of renal biopsies: a retrospective single center review. *BMC Nephrol* 2009;10:11.

Goilav B, Greifer MK, Javdan M, Sherry B, Wilson PD, Trachtman H: Mycophenolate mofetil-associated colitis post-transplantation is caused by apoptosis of colon cells via caspase-8 activation. (in press).

Goilav B and Trachtman H: Disorders of potassium balance, in *Fluid and Electrolytes in Pediatrics: A Comprehensive Handbook*, Feld LG, Kaskel FJ (eds), Humana Press, Totowa, New Jersey, (expected 2010).

Where Are Our Graduates Going?

Congratulations to the Class of 2009:

Kim Abrams: Private practice in Westchester (see photo)

Eileen Alexander: Private practice in Westchester

Shelli Bein: Primary care in California

Viktoria Bove: Private practice in California

Rozell Chapman: Primary care in Chicago

Adonia Dibbell: Hospitalist at Beth Israel (NY)

Free Hess: NCB ED

Julie Khlevner: GI fellowship at SUNY Stony Brook

David Lar: Private practice in Westchester

Rebekah Lipstein: Chief Resident (מתמחה בכיר)

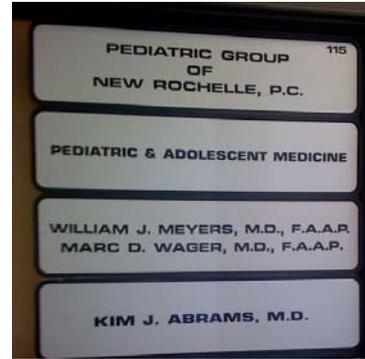
Madalsa Patel: Chief Resident (हैं-हमेशा वरिष्ठ)

Alvira Shah: NCB ED

Kavita Sharma: PICU hospitalist at Columbia

Christine Giap Stern: Jacobi NICU hospitalist

Katie Yoon: General practice in California



And . . . the outgoing chiefs:

Mary Kim Mehlman: second trimester of pregnancy, London, UK.

Scott (Scotty) Miller: NCB ambulatory care and eventually . . . down the aisle.

Fertility Drug In Water Supply???

The FIB has learned of numerous births among our housestaff, faculty, and families:

PGY 3 Dana Chait-Kessler and husband Erick Kessler welcomed Noah Adam (7 lbs. 12 oz.), on October 28, 2008.

NICU hospitalist Aimee Moore (and soon to be Neonatal fellow at Washington University in St. Louis) and husband Robert welcomed Ronan William Moore (7 lbs. 14 oz.) on December 19, 2008.



On January 23, 2009, Ambulatory Care attending Christina Dooley-Yick and husband welcomed Rose Catherine.

And, on April 27, 2009, in Washington D.C Jessica Caspe Waanders and husband Jason welcomed Elias Caspe Waanders. Elias, who is our Chairman's fourth grandchild, tipped the scales at 6lbs. 13oz. We hear that he is already a Yankees, and not Nationals, fan.

Graduating resident and future JMC NICU hospitalist Christine Giap Stern and husband Toby Stern welcomed Tyler Giap Stern on March 30th. As usual, Christine was very organized, and Tyler was born weighing exactly 2700 gm.



Poetry Corner

The departmental poet laureate, Ruby Harmon, is publishing her second book of poetry, *Being in Two Volumes* (expected Fall 2009). Last year she established a publishing company, Poetic Moves Publishing, and is currently working on several other projects, including a children's book, a novel, and a photography book.

Correspondence

I don't receive the FIB [*sorry...ed.*], but was recently shown a copy by Ann Werner (Jacobi pediatric resident '67-'70). Ann and I were roommates during our first two years of med school at New York Medical College. My husband, Arthur, while an Internal Medicine resident at Metropolitan Hospital, would join us for supper at Jacobi or the College Hospital.

Ann traveled up to NJ and back to MD alone in one day to be at the MDA-sponsored Vision of Hope Gala at which I was honored in 2008. I have been the MDA clinic director for about 30 years, and I credit Al Spiro from AE-COM with sparking my interest in neuromuscular disease. Ann and I were delighted to run into Lenore Katkin, who looked great, at the ID meeting.

I am in pediatric practice in Monmouth and Ocean Counties, NJ with Elias Sasson, who trained in pediatrics at Einstein in the late 70's. When I joined Elias in 1978, Dr. Fraad sent him a letter congratulating him on taking a "senior" partner.

Incidentally, does anyone remember the name of the resident who rotated through Jacobi from the "old Lincoln" who contracted varicella the same year that Jacobi residents Abe Greenberg and Olitungi Olambuanu got it?

There's trivia for you!

Judy Fiedler Topilow

(Pediatric resident '67-'70)

I'm writing to you from the Appalachians. My wife and I are expecting a baby boy in October and decided our 500 sq. ft. Manhattan apartment just wouldn't do. So I found a job at a community health center and we moved to Asheville, NC about two weeks ago. I don't start work for a couple days (July 1st) but it seems like a wonderful group of people who are very committed to serving the mostly Hispanic migrant worker population that lives here...I have no doubt that my professional and cultural training at Jacobi and NCB will serve me well.

You can put that in your FIB and smoke it!

Thanks for the experience! I will keep you updated.

Rob Duffey (resident 05-07; NCB ED 07-09)

Ed. Note: Asheville is just 183 miles northwest of Laurinberg NC, home of Jen Gallub (see below).

Ex-Chief News

2008-09 Chief Resident Jen Gallub (second from right) has joined the Purcell Clinic Pediatric practice in Laurinberg, NC. In addition, she has a new addition to her family, a dog named "Brooklyn" (we assume "Bronx" was already taken).



2006-07 Chief Resident Dean ("PDA") Britos is back home in Hawaii, working for the military (ours, not the IDF). On April 25 he welcomed his first child, baby boy Noah Sakae Keola, who weighed 6lbs. 2 oz.

Graduation 2009



Award winners included Ken Rivlin (Teaching Award) and Penny Tarshish (Chief Residents' Award).



The Fraad Information Bulletin

Editor	Jeffrey Gershel
Co-Editor	Rachel Katz
Managing Editor	Jill Dunsmore
Coordinating Manager	Loretta Reynolds
Contributors	Stephanie Lichten
Biggest Appetite (tie)	Mary Kim Mehlman
	Scott Miller
	Manny Ramirez
	Alex Rodriguez
MLB Juice Team	

News From The Pediatric Academic Societies

This past May, the PAS met in Baltimore. Although it rained continuously, the department did shine with submissions on a variety of topics.

Barton T, Wiznia A, Rivera D, et al: Medications in pediatric HIV treatment.

Romo N, Rosenthal B, Rivlin K: A tragic loss of empathy: the perspective of physicians-in-training.

Mehlman MK, Miller SM, Gershel JC, Rivlin K: Reporting medical errors: the residents' perspective.

Katz-Sidlow RJ: An approach to improving medical students' teaching skills.

Garamone SM, Savicki CM, Levanon D: Autoantibodies in obese children with elevated liver function tests – a childhood pattern?

Hobson JE, Levanon D: Prevalence of obesity in children who required neonatal intensive care unit admission – a pilot study.

Savicki CM, Garamone S, Levanon D: Dairy related constipation in school aged children: more common than expected?

Quotes From Morning Report

Stephanie Lichten

"I'm ignorant" Auxford Burks

"She needs more big macs!" Glenn Fennelly

"I'm a mineral oil guy myself" Auxford Burks

"The girl was 6'4" and a professional wrestler under the name the Avenger" W. Caspe

"In India, if you have a seizure, onlookers make you smell their shoes" Kishwar Dhingra

"Gary is leaving now because it is Purim and his partner (Irving Zoltan) is dressed like Queen Esther" Bob Marion

"I always think of Fragile X like a bunny rabbit with big balls!" R. Rekhi

"Don't believe a word I say – I may just be playing games with you" H. Goldman

"When you get older and have to schedule a colonoscopy you'll realize GoLyteLy is an oxymoron" W. Caspe

"She'll be led away in handcuffs for Medicaid fraud!" J. Gershel

Grant News

Denise Serebrisky is co-PI on a two year NIH study for (Gala II), studying Gene-environment and admixture in Latino Asthmatics. In addition, she has received \$150,000 in private donations to continue her work in the asthma clinic.